

Aging

U.S. Department of HEALTH, EDUCATION, and WELFARE

No. 31 — May 1957

The University of Michigan Announces a Training Institute in Social Gerontology

The University of Michigan has recently announced a grant of \$203,940 from the National Institutes of Health of the Public Health Service to establish a Training Institute in Social Gerontology. Seventeen Universities, situated throughout the United States, are cooperating in the development of this project. These are California, Chicago, Connecticut, Cornell, Duke, Florida, Harvard, Illinois, Iowa, Michigan, Minnesota, Pennsylvania State, Pittsburgh, Purdue, Syracuse, Washington (at St. Louis), and Wisconsin.

Creation of the Institute represents a major effort to increase the number of trained personnel to work on the problems of personal and social aging in America. Social gerontology is described as the scientific study of the psychological, economic and sociological aspects of aging. The primary aims of the Institute are to increase the number of University faculty trained in these matters and to provide instructional materials which, it is hoped, will exert a wide influence on university education and research.

Directing and coordinating the project is Dr. Wilma Donahue, chairman of the Division of Gerontology of the University and director of the annual University of Michigan Conference on Aging. Assisting her is an executive committee of 8 members each of whom is a chairman of a special sub-committee of the program, and an inter-university council made up of a representative from each of the sponsoring universities.

The Training Institute includes 8 major programs: the development of a comparative survey of aging in western cultures; preparation of two handbooks, one of which will deal with individual

and psychological aspects of aging, and a second which will present the social aspects of the problem; compilation of teaching manuals for use in various courses related to the problems of aging; completion of a survey of existing university programs and practices in gerontology; cataloging of fellowships and scholarships available to students of aging; reviewing of the publication needs in the field of social gerontology; and most important, conducting a one-month intensive training seminar for college faculty.

The first activity of the project will be to summarize in the handbooks and other publications all that is known currently about personal and social problems of human aging. This is an effort to meet the immediate needs for expansion of scientific knowledge and to achieve an ultimate goal of solving personal and social maladjustments of aging. The second phase will be the one-month training seminar offered to approximately 40 university faculty members who will be appointed as fellows of the Training Institute. They will be selected by the Inter-University Council from applications submitted by individuals through their universities and colleges. During the training seminar, world authorities and distinguished research scientists and teachers in anthropology, psychology, sociology, psychiatry, and other social sciences will lecture and discuss the important problems of aging.

According to Dr. Donahue, it was decided to develop the project on a multi-university sponsorship basis "because the planners believed that it was important to establish a single comprehensive plan rather than to dissipate crucial first efforts

in several small programs. Such organization is regarded as a method to increase the speed of developments in instruction and research in the field of social problems of aging throughout the country."

The preliminary planning which resulted in the establishment of the Institute was made possible by a special grant of the National Institute of Mental Health in the summer of 1956. The training seminar for faculty is scheduled to be held during August 1958; the requirements and date for submission of applications for the fellowships and stipends will be announced shortly.

Further information may be had from Dr. Donahue, 1510 Rackham Bldg., Ann Arbor, Mich.

Detroit's Presbyterian Village

The following is based on material supplied by Mr. Robert F. Hastings, Vice President of Smith, Hinchman and Grylls Associates, Inc. of Detroit, the architectural firm which designed the Village. Mr. Hastings is also president of the Village's Board of Directors.

On May 15 Presbyterian Village, on the outskirts of Detroit, will have been in operation two full years under its expanded program (See *Aging* 18). One of the most interesting of recent developments in housing for the elderly in the country, it has already attracted nationwide attention. Population now numbers some 75 older men and women, with plans for new housing units to meet the demand going forward rapidly. Eventually, according to the blueprints it will become a thriving community of 600-700.

The Village, operated by the Presbytery of Detroit, is situated on a 32-acre site, much of it still woodland. In no sense, however, is it an isolated community. Surrounding the Village are residential areas, a grade school and a golf course. Public transportation to downtown Detroit is readily accessible. A church and rectory have been erected on the Village grounds and a medical clinic is planned. Currently, the Village has eight one-bedroom and two two-bedroom apartments, a rehabilitation center, infirmary and a Community residence hall which provides dormitory-type living for 48 persons.

The master plan, which envisions a completed Village of some 75 buildings, calls for structures to meet a variety of statuses: Individual homes for couples able to own and maintain them, apartments for couples capable of living independent lives, and the community house for those living alone. All new buildings are one-story structure.

Accommodations are selected to furnish maximum comfort and safety. Bathtubs, for example, have special steel grip bars and a ledge to sit

on. The residence hall has non-slip cork tile floors in the activities room and grip bars on the hallway walls. A built-in desk and built-in dresser are provided with each apartment which also has its own gas-fired heating unit and hot water heating unit; and each kitchen is furnished with a stove, refrigerator, sink, and ample cabinet space.

The Community Residence has a central kitchen, large indoor and outdoor living areas and a common dining room. Service at the latter will be available to those living in the apartments who "wish to have an occasional meal out".

All streets have been eliminated from the property with only limited access service drives permitted. This provides a campus-like atmosphere without the hazards of busy thoroughfares.

Apartments rent for \$75 and \$90 a month. Guests living in the Community Residence pay \$150 a month for room and board and minor nursing service. Guests who cannot afford this fee must apply for state old-age assistance, with the Presbytery of Detroit making up the difference through an assessment on each church.

To qualify for residence in the Village an applicant must be 65 years of age or older. The ages of the current residents range from 67 to 93, with an average of 80. "Our goal," says Ernest S. Marks, Manager of the Village, "is to help older people to continue leading an active and interesting life. . . . We offer a variety of programs for them, but attendance is optional. Strangely enough, they have asked me to cut down on activities because they don't want to miss anything, and they can't take them all in."

In setting up its rehabilitation and health program the Village has had the active advice and counsel of Dr. Wilma Donahue, of the University of Michigan, Dr. Frank J. Sladen, of the Henry Ford Hospital, Dr. Icie Macy Hoobler and others. The ground floor of the infirmary has been remodelled to provide for a rehabilitation center.

Presbyterian Village has been in the making since 1947 when the Presbytery of Detroit first acquired the site and its initial building to house 14 persons. Construction under the expanded program was started in the fall of 1954 and the Village was officially dedicated in May 1955. To date the project has been financed through individual gifts and most recently by a gift of \$200,000 from the Detroit Metropolitan Capital Gifts Fund. In addition, each Presbyterian church is assessed \$1 per member for the support of the Village and for retiring the mortgage. The total cost of the Village when completed is estimated, at today's prices, at between \$6 and \$7 million.

For more information write to Mr. Hastings, as above, 243 West Congress St., Detroit 26.

The Economic Status of the Aged

The eagerly awaited results of the 5-year study by the Institute of Industrial Relations of the University of California have now been published under the title "The Economic Status of the Aged" (University of California Press, Berkeley, \$5.00). The work of Peter O. Steiner and Robert Dorfman, it runs to some 150 pages of closely packed factual information with appendices of equal length. Originally planned to cover all areas of the problem, the report has concentrated on the economic. While in no sense discounting the importance of the medical, sociological and psychological aspects it suggests that the matter of income maintenance offers the most immediate challenge and its solution must be given top priority. A major contribution of the analysis is that it is based on the actual income-receiving and spending unit of man and wife and unrelated men and women.

The chief sources of economic distress among the aged, the report finds, are widowhood, illness and obsolescence of skills—in that order of importance. To make any significant progress in changing the economic status of this older segment of our population, it is necessary to begin with these groups. The greatest challenge is presented by the increase in the number and proportion of unrelated females—predominantly widows—with tragically inadequate incomes, who will shortly constitute the majority of the economic units over 65. It is essential, the authors say, to begin now to provide employment opportunities (including retraining) for women of 40 and over in order to permit them, among other things, to establish pension rights and make other security provisions to carry them through their later years.

Preventive measures to relieve the distress of the older male are also emphasized. For men over 65 the chief economic problem comes from withdrawal from the labor force because of either poor health or obsolescence of skills or both. Re-employment programs are useful but can necessarily affect only a small segment of the population. Medically, we must attack disease in its earliest stages to avoid the heavy incidence of later disability, rather than rely too much on rehabilitation. In the matter of skills (particularly under the shadow of automation) we must stress continuing education throughout the working years rather than the resort to re-training when the man has, job-wise, practically reached the end of his rope.

The full data presented will repay thoughtful examination by any one working in the aging field. The detailed tables in the appendices will be useful to research workers.

Proposed Federal Legislation

As of April 1, the 85th Congress has before it some twenty proposals introduced in either the House or the Senate that pertain to general programs for the welfare of older persons, in addition to amendments to already existing programs. They fall into six general categories.

S. 1117 would establish a Bureau of Older Persons in the Department of Health, Education, and Welfare to make studies and to aid the States (which would have primary responsibility) through technical assistance for programs on aging. Federal grants, based on various criteria, would aid the States in the development and operation of studies and projects to help older persons (defined as those 65 years old and over). Grants would also be made to educational institutions and nonprofit organizations for research, demonstration, and training. Appropriations of \$4,500,000 would be authorized for the fiscal year ending June 30, 1958. Nine identical bills have been introduced in the House.

Five bills, (S. 258, HR 44, 373, 5654, 5932) differing somewhat from one another, would set up temporary Commissions for studying and recommending action in the broad field of problems of the aging. A sixth proposal (H. J. Res. 30) would create a Commission on Manpower Utilization to study all phases of employment problems of other workers.

Two House resolutions (130 and 154) would establish Special Congressional Committees to look into problems of the aging and recommend action. Another proposal (H. Res. 78) would authorize and direct its Committee on Education and Labor to institute similar investigations.

In another bill (H. R. 562) an Office for Senior Citizens in D/HEW is proposed, as well as liberalization of eligibility for public assistance and the allocation of unimproved Federal land to older persons for food raising.

Two House joint resolutions (13 and 132) propose the establishment of an annual Senior Citizens Day.

At the time of going to press no action has been taken on any of these proposals.

The Age Center of New England (see Aging 23) has been given a grant of \$105,000 by the National Institute of Mental Health, Public Health Service, "to promote studies on retirement and other crises in the lives of older people". Study will be directed by Hugh Cabot, Executive Director of the Center, which is supported by New England business and industrial firms. Address is Hotel Vendome, Boston.

Aging

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Subscription \$1.00 a year, 25 cents additional for foreign mailing; 10 cents for single copy. Send to Superintendent of Documents, U. S. Government Printing Office, Washington, D. C. The printing of this bulletin has been approved by the Director of the Bureau of the Budget, August 13, 1954.

News from the State Commissions

Pennsylvania's Governor Leader has appointed a Governor's Committee on Aging under the chairmanship of Rev. William B. Swaim, Executive Director, Presbyterian Homes for the Aged of Central Pennsylvania, (Dillsburg). The Committee will work closely with the State's Interdepartmental Committee which is to be re-activated, and also with the Bureau of Services for the Aging established recently within the Department of Welfare (see *Aging* 26). Among other things, it plans to conduct hearings and conferences to obtain first hand information on aging problems from local citizens and organizations.

The report of the 1956 *Idaho Governor's Conference on Problems of Older Citizens*, held in Boise, has just been published. Attractive and illustrated, a feature is the question and answer reporting method used. Interesting way of presenting material for popular reading. Probably available from Governor's Office, State House, Boise.

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Report of the First Governor's Conference on Aging in Minnesota. Published by the State, 1957. Pp. 45. Contains the addresses of Governor Orville L. Freeman, Professor John E. Anderson, and Dr. Winfred Overholser and reports of the workshops.

Conferences, Seminars, Meetings

The first *New England Conference on Aging*, scheduled to be held on June 12 in Amherst, Mass., will aim at securing a closer coordination of aging activities among the six States represented. It is also expected that one result will be the formation of a New England Gerontological Society. Chairman is George P. Davis of the Massachusetts Council for the Aging. David Schaeffer, Executive Secretary of the Council, Room 27, State House, Boston, can supply further information.

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The *Western Gerontological Society* holds its 1957 annual meeting in San Francisco, May 3 and 4. The Society, of which Dr. Oscar J. Kaplan is president, is now affiliated with the national Gerontological Society. All persons working in the aging field, and living in States west of the Rocky Mountains, or in Alaska, Hawaii, and British Columbia, are eligible for membership. Address Dr. Kaplan at San Diego State College, San Diego, Calif.

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The *National Conference on Social Welfare* meeting in Philadelphia May 19-24 has scheduled a group meeting to discuss "How can State Commissions and Committees on Aging be used to organize better services to older citizens". Sidney Spector of the Council of State Governments will preside. Conference headquarters are at 22 West Gay St., Columbus 15, Ohio.

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On May 22-24 the Division of Gerontology of the Washington University School of Medicine will conduct a 3-day *Post-Graduate Course in Geriatric Medicine and the Psychological Problems of Later Life*, at the St. Louis Chronic Hospital. William B. Kountz, E. V. Cowdry and An-cel Keys will be among the speakers. The dinner

session of the last day will be devoted to the Annual Meeting of the Gerontological Research Foundation (*Aging* 19). Open to physicians and other professional people, without charge. For application blanks write the Division, 5600 Arsenal, St. Louis 9, Mo.

A one-day (May 5) Conference on Aging will be held in Galesburg, Ill., co-sponsored by the University of Illinois College of Medicine and the Galesburg State Research Hospital. Psychologic and psychiatric aspects of aging are the topics.

The Vancouver Seminar on Aging will be held May 13-17. For details: Dr. Gordon S. Fabrini, 101 Pacific Medical Bldg., 1605 W. Broadway, Vancouver 19, B. C.

A one-day institute on Rehabilitation of the Geriatric Patient was conducted April 4 by the Schenectady (N. Y.) Community Welfare Council and the State Department of Social Welfare for the benefit of nursing homes, hospitals and institutions in nearby counties.

A round table discussion of "Psychiatric Factors in Aging: Prevention and Treatment" will be a feature of the Annual Meeting of the American Psychiatric Association to be held in Chicago (May 14, 8 P. M.). Moderator is Dr. Maurice Linden with 10 panelists of top reputation. APA address is 1785 Massachusetts Ave., N. W., Washington, D. C.

Retirement as a Factor in Costs, Manpower and Operating Policies of Industry was the subject of the Second Annual Seminar, held April 7-9, in Princeton, N. J., by The Retirement Council, Inc. Registration was limited to policy level executives. Address of the Council, of which Millard C. Faught is president, is 342 Madison Ave., New York 17, N. Y.

The 7th Annual Southern Conference on Gerontology was held March 14-15 at the University of Florida, Gainesville. It was devoted primarily to discussion of services for the aging and aged. For copies of the report (when published) write to Prof. Irving L. Webber at the University. Reports issuing from these conferences are usually first-rate.

A conference on Employee Pension Plans sponsored by the Chamber of Commerce of the U. S. and the Houston (Texas) Chamber of Commerce met on March 19 at the Shamrock Hotel in Houston for discussion of trends, kinds of pension

plans, and also the tax aspect of retirement planning. Address of the U. S. Chamber is 1615 H St., N. W., Washington, D. C.

The Community Welfare Council of San Diego (Calif.) held a two-day combined training and community conference, April 30-May 1. The first session, in cooperation with the University of California at Los Angeles, was devoted to workshops for professional workers. The second, in cooperation with the San Diego State College, dealt primarily with action programs in aging.

"Changing Times and Homes for the Aged" was the title of the two-day conference held March 12th and 13th in Chicago under the triple sponsorship of the Welfare Council of Metropolitan Chicago, 123 W. Madison St., Seminar of Homes for the Aged, and Illinois Association of Homes for the Aged.

The Way the Wind Blows

The Senior Service Foundation at Miami, Florida, is a recently organized non-profit corporation to "offer competent assistance in planning and developing projects relating to older persons". Service (in any part of the country) will be rendered at cost to establishments and agencies in a position to pay for it; otherwise without charge. Focus is on promoting "usefulness and participation". Director is R. O. Beckman, an experienced consultant in personnel and aging who directed the Older Worker Study in Miami for the U. S. Department of Labor (see *Aging* 30). Temporary headquarters have been established at 3177 N. W. Seventh Ave., Miami.

The National Committee on the Aging of the National Social Welfare Assembly (345 E. 46 St., New York 17) has secured a grant from the Dorr Foundation for a study on the utilization of older scientific and professional personnel. The two-year project will endeavor to discover if and how their skills and talents are being used by industry and universities as well as whether they themselves wish to continue to work into their later years.

University of Chicago's School of Social Service announces a 2-week (Aug. 5-16) course on *Administration of Homes for the Aged*. Under the leadership of Mr. Ben L. Grossman, Executive Director of Drexel Home, the course will include lectures, discussion, and visits to homes in the Chicago area. For an announcement, write to the University, Chicago 37.

Preventive medicine for older people is saving money for *Santa Cruz County, Calif.* A geriatrics clinic which makes use of the volunteer services of a retired physician is set up to screen applicants for Old-Age Assistance (and their wives), and patients are referred to their private physicians for prompt treatment. Program is voluntary and approximately 75 percent of OAA applicants have taken advantage of it. System is credited with reducing costs of medical care in hospitals and nursing homes. Dr. Russell S. Ferguson, County Health Director, is in charge of the program, and county funds have been voted for further expansion.

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The *Library Services branch* in the U. S. Office of Education has designated Rose Vainstein, Public Library Specialist, coordinator for library services to the aging. Miss Vainstein will work with staff members in government agencies, public libraries and professional organizations concerned with aging.

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The *Small Business Administration* has initiated a program of Federal loans to hospitals, nursing homes and other privately owned health facilities for expansion, improvement, and general operations. The address is 811 Vermont Ave., N. W., Washington 25, D. C.

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The *San Francisco Council of Churches* has received an anonymous grant of \$28,000 to set up a citywide network of non-sectarian Senior Centers. Beginning with two, they expect to increase to 20 within the next year. Centers will be located in church buildings, and it is hoped the churches may also be tapped for volunteers who will be trained for work with older people by Mrs. Milton Schiffman. Mrs. Aileen T. Kulchar will coordinate the project.

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A two-week course on *Principles and Practice of Geriatric Rehabilitation* was offered, April 22-May 3, at the Bird S. Coler Hospital, New York, by the Department of Physical Medicine and Rehabilitation, New York Medical College-Metropolitan Center. Designed for Registered Nurses, occupational and physical therapists dealing with the elderly chronically ill. For further information write Dr. Ira Belmont at the Hospital, Welfare Island, New York 17.

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Checks for copies of "One Person, One Meal, One Burner" (see *Aging* 28) should be made out to Miss Helen M. Brooks, Box 7301, Philadelphia 1, and *not* to the Philadelphia Center for Older Persons. Price is 50 cents.

The big County Center in White Plains was the scene of the *County of Westchester's Senior Citizens Show* April 30 through May 2. Events of the opening day included a workshop on aging and a musical revue; other features included a fashion demonstration, talks on grooming and retirement planning. Some 50 organizations, embracing social agencies, homes, civic and medical groups, and commercial houses manned booths exhibiting services for the aged. Details from Mrs. Selma Brody, at the County's Recreation Commission, White Plains, N. Y.

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Christ Church in New York City will be the scene of the all day meeting on May 2 on *Fashion and Grooming for Older People* under the sponsorship of the Federation of Protestant Welfare Agencies, Inc. Clothing by top designers will be shown by way of stimulating morale and health-building activities. More information from Mrs. Everett W. Fowler, Chairman, care of the Federation, 207 Fourth Ave., N. Y. C.

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During April the *University of Minnesota* held a 3-day Continuation Course in Care of the Aged in Institutional Homes. Subjects were activity programs, mental health, nutrition, community resources, safety. Details from Center for Continuation Study, U. of Minnesota, Minneapolis 14.

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The *Institute of Gerontology of the State University of Iowa* is currently sponsoring a 3-semester hour credit course, open to graduate students, on "Basic Aspects of Gerontology". Address Dr. Stephen M. Horvath at the Institute, Iowa City.

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The *Adult Service Council of Austin, Texas*, which is the Committee on Aging of the Austin-Travis County Society for Mental Health, enters its fourth year of activity on March 11, 1957. In addition to providing services for older people, and developing for the middle aged activities to support the later years, the Council has sponsored a Friendly Visitor Service, a Survey of community resources, and a Day Center. President of the Council is Elizabeth Gentry, M. D., 1313 Sabine St., Austin.

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An attractive little folder "Where Will You Live When You Retire" contains a photograph of the projected new *Bethel Methodist Home in Ossining, N. Y.*, which is about to reach construction stage. Accommodations are planned for 100, with an infirmary for 20, at an estimated cost of \$1,250,000. Application forms and information from Daniel D. Brox, Exec. Dir., 19 Narragansett Ave., Ossining, N. Y.

Books, Pamphlets and Reports

The Economic Status of the Aged, a study by the Institute of Industrial Relations, University of California (see page 3).

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Flexible Retirement, Geneva Mathiasen, Ed. New York. G. P. Putnam's Sons. 1957. pp. 226. Report of a two-year study by four subcommittees of the Project on Criteria for Continued Employment of Older Workers, of the National Committee on the Aging. An attempt to bring together evidence on management and labor attitudes and practices in retirement from work together with research findings on older worker performance and age changes. Should be useful to management, personnel workers, industrial physicians, and labor officials trying to find their way in this complex area of employment practice and to research workers looking for significant problems for investigation.

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The Retirement Handbook, by Joseph C. Buckley. Harper & Brothers; New York. Revised Edition, 1956. \$3.95. Mr. Buckley's original book (see *Aging* 8) brought up to date. A valuable tool for retirement counselors and for persons looking toward their own retirement. Discusses finances, moving to new locale, the lure of farming. Specific and direct, and containing a chapter titled "Nine Steps in Successful Retirement Planning".

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Maturity, volume III, No. 4, Quarterly Newsletter of the California Citizens' Advisory Committee on Aging made its appearance a little later than usual but offsets the delay by presenting 38 pages of articles, news items, and book reviews covering a range of subjects of interest to those who have time to cultivate free-time interests. Among the articles, special attention is called to one on university responsibility in aging, one on California health department nutrition services, and one which carries recommendations regarding zoning for group living facilities. *Maturity* is published at 722 Capitol Ave., Room 3072, Sacramento 14.

★

Income and Housing, a report to the Subcommittee on Housing of the U. S. Senate Committee on Banking and Currency (Jan. 1957), analyzes the middle-and-low-income housing situation in some 150 cities across the country with considerable emphasis on housing for the elderly. For a copy address the Committee, Senate Office Bldg., Washington 25, D. C.

Workshops for the Disabled: A Vocational Rehabilitation Resource. D/HEW's Office of Vocational Rehabilitation. Washington. Pp. 167. Available from the U. S. Government Printing Office for 60 cents. Brings together comprehensive and authoritative information, prepared almost entirely by executives and staff members of private nonprofit agencies in the rehabilitation and workshop fields. Publication is basically a discussion of services, and some of the factors affecting them, provided in the several different kinds of workshops. Designed to point out ways in which such services and facilities can best be used.

★

An article, "Age Differential in Medical Spending" by Selma Mushkin in *Public Health Reports* (D/HEW) for February 1957 brings together information on various surveys of costs of medical care. A considerable variation in utilization by age of medical services is suggested by the findings. For example, while persons 65 and over represented 8.1 percent of the urban population (as of 1950) their medical care expenditures accounted for about 11 percent of the total. Moreover, persons in this age and population group are reported to have spent 28 percent more than the average urban resident for medical care. Single copy 55 cents, through Superintendent of Documents, Washington 25, D. C.

★

Of interest to Homes for the Aged, State and public welfare agencies and others, the U. S. Department of Agriculture has a leaflet *How Food Surpluses are Made Available to Eligible Recipients*. For a copy write the Dept's Agricultural Marketing Service, Washington 25, D. C.

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Opinion on diet supplementation by older persons is divided; some take a position for it, others insist that a balanced diet of natural foods provides proper nourishment. There are certainly many cases in which middle-aged and older people are well advised to seek the guidance of a physician. Those who are looking for proper dietary direction on their own will find useful the Department of Agriculture's new pamphlet *Essentials of An Adequate Diet*,—subtitled "Facts for Nutrition Programs". 20 pages printed. Available from Superintendent of Documents, GPO, 15 cts.

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The report of the Federal-State Conference on Aging, held June 5-7, 1956 in Washington, D. C., is now off the press (see *Aging* 29) and copies may be had through the Superintendent of Documents, Washington 25, D. C., at 65 cents each.

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An impressive document of accomplishment and aspirations for the future is the *Progress Report of Senior Citizens Service Center*, Los Angeles County for the year ending October 31, 1956. Full of ideas for programs for any organization working with the aging. Address of Center—306 W. 3rd St., Los Angeles 13, Calif.

★

Under the title, "The Older Worker", the *Monthly Labor Review* has published a series of five articles in its December 1956 and January 1957 issues. The articles summarize recent studies of older workers made by the Department of Labor (see *Aging* 27) and contain pertinent information on how collective bargaining agreements and insurance and pension plans affect them. Status in the labor market and job performance of the older worker, together with the crucial problem of getting jobs, are also analyzed. Copies of the *Review* are available from the Superintendent of Documents, Washington 25, D. C., at 55 cents per issue.

★

Connective Tissue in Health and Disease. Edited by G. Asboe-Hansen; Ejnar Munksgaard, Copenhagen, Philosophical Library, 15 E. 40th St., N. Y., 1954. \$15.00. Twenty-three experts have combined their talents and presented this excellent review. Both basic biological and clinical aspects are discussed. Scientists and clinicians will find this book a helpful, well written account of recent literature dealing with the subject.

★

Day After Tomorrow by Roma Rudd Turkel. P. J. Kennedy & Sons. New York 1956. \$3.75. A plea to younger people to prepare for years of retirement and to persons of the Catholic faith to remember the Fourth Commandment, and draw

the older people closer into the church community. Deals with necessity for protecting independence and self respect of the elderly. Counsellors and older people alike will find it warm, earnest reading.

★

Learning Comes of Age by John W. Powell. Published for the Adult Education Assn. of the U. S. by Association Press. New York, 1956. \$3.00. A brief for the development of adult education specially geared for the adult mind, which has a "different way . . . of relating ideas to experience . . . different from those of the youth." Emphasizes the need for preparing for being old, and puts on the adult educator the responsibility for helping people to adjust to the structural changes in our society. Thoughtful writing.

★

Emotional Illness: How Families Can Help, by Dr. Karl R. Beutner and Nathan G. Hale, Jr. G. P. Putnam's Sons, New York. Pp. 158. \$2.75. A very readable book containing practical answers to such questions as how to choose a doctor, cost of hospital care, how to make the home environment helpful to recovery, etc. Though not specially oriented to aging, it can be helpful to those trying to work out a relationship with an older person who is emotionally ill.

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The April issue of *Geriatrics* devotes over 40 pages to a symposium, "Environmental Needs of the Aging", edited by Prof. Walter K. Vivrett of the University of Minnesota, and based in part on a 3-year research-planning study on housing and care facilities conducted by the University's School of Architecture. Single copies at 75 cents may be had from the publishers, 84 S. Tenth St., Minneapolis 3.

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